

Retiree interview questions and discussion points

Congratulations on your upcoming retirement. We value your insight and want to capture some of this before you leave us. This interview will explore all of your work experiences and contributions beginning with your first job. This will allow us to learn from you and share your wisdom with those who will follow in your footsteps.

Workplace Strategies for Mental Health
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1. Please describe your work history, beginning with your first job.

2. What skills have you acquired over your entire work history?

3. What were the greatest successes or accomplishments in your entire working history?

4. What were the greatest challenges you faced at work? How did they help you grow as an individual? What advice would you have for other employees facing similar challenges?

5. What were you working at when you most enjoyed work? What was the work environment like then?

6. How can we improve our work environment as we move forward?

7. Describe the characteristics of the co-workers with whom you most enjoyed working. This can help others understand what's valuable in working relationships.

8. Describe the characteristics of the leaders with whom you most enjoyed working. This can help improve or inform leadership strategies.

9. What have been the most significant changes in work culture since you started? Which changes were for the better? What do you wish hadn't changed?

10. What changes do you believe could benefit this organization?

11. What would you say are your greatest personal and/or professional strengths today?

12. Who in our organization do you think would most benefit from being mentored by you before you retire?

13. Have you considered offering your services on a part time or consulting basis? If so, what is the type of work you would most enjoy?