



Exercise: Envision Others' Evaluations

Think of a current worker who you MOST enjoy managing. How would he/she describe you? What specific words and descriptors would this person use?

| | | |
|-------|-------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Think of a current worker who you LEAST enjoy managing. How would he/she describe you? What specific words and descriptors would this person use?

| | | |
|-------|-------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Place a next to those descriptors with which you agree and/or which you believe to be understandable perceptions of you.

Place an next to those with which you disagree.

It is important to understand that your behaviours may not always reflect the type of individual you perceive yourself to be. Think about why you might be perceived differently from how you would ultimately describe yourself. What factors might contribute to any discrepancies?

What are some specific things you could do to begin narrowing the gap between how you would describe yourself and how you might be coming across to others? Pick three specific things you could do. Be realistic.

1. _____
2. _____
3. _____



I commit to begin working actively to reduce the gap between how I am perceived by others in the workplace and how I would like to be perceived. I commit to interacting with all workers in a manner that best reflects my skills and talents. The first stage of this process will take place during the period of:

_____ (start date)

_____ (end date)