



Exercise: Identify Your Strengths

List your five strongest attributes as a manager. Describe how these strengths help you perform well in your job (be specific).

My Top Five Strengths as a Manager	How My Strengths Enhance My Performance
1.	
2.	
3.	
4.	
5.	

Put an asterisk (*) next to one strength that you think helps you most in your work, and that you would like to build even further.

I would like to further strengthen: _____

This is important to be because: _____

Building upon this strength will help me in my work by: _____

Think about specific ways that you can work on building this strength.

I will do the following specific things to enhance this strength:

1. _____

2. _____

3. _____

I will know I am successful when: _____

I commit to working actively to enhance this strength. The first stage of this task will take place during the period of:

_____ (start date)

_____ (end date)